

ROID RAGE

Duration	Steroid	Brand Name	Some Facts	Anti-Inflamm Activity	Mineralocort Activity	Common Uses and Dosages
Short Acting (8hrs)	Hydrocortisone	Solu-Cortef	The synthetic form of cortisol, same potency and duration. The prefix "solu-" means it comes in IV formula. The only steroid with mineralocorticoid activity!	1x	Nearly 1x	Adrenal Insufficiency (CAH) "Stress Dose" Steroids 100mg
Intermed Acting (24 hrs)	Prednisone	Deltasone	Must be metabloized by liver to become active metabolite, prednisolone	4x	approx 0	Asthma/COPD All auto-immune stuff 60mg
	Prednisolone	Orapred	Requires no activation by liver, oral formulation only	4x	approx 0	
	Methylprednisolone	Solu-Medrol	Basiclly IV prednisolone, hence "solu-"	5x	approx 0	
Long Acting (48hrs)	Dexamethasone	Decadron	40x stronger than cortisol, most potent, longest acting (days!)	> 40x	0	Asthma in kids Cerebral Edema Refractory Shock 10mg