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| Electives at Sinai/Elmhurst | Contact(s) | Description |
| CTICU/Cardiac Anesthesia | ED: Felipe Teran  [felipeteran@gmail.com](mailto:felipeteran@gmail.com)  Mark Andraea  [Mark.Andraea@mountsinai.org](mailto:Mark.Andraea@mountsinai.org)  Koichi Nomoto (CTICU attending) and Marc Stone (cardiac anesthesia attending) | Part 1: 2 weeks in CTICU as an observer. Interesting experience learning about mechanical circulatory support, invasive monitoring, cardiac pacing, and the unique post operative care in the CTICU.Part 2: Cardiac anesthesia for 2 weeks. Excellent experience with TEE (frankly I left the rotation much more comfortable with TEE than TTE). Great people to ask questions about resuscitation, pressor selection, etc. Got to place TEE probes and intubate a few people. Again, somewhat of a med student experience but overall excellent experience. |
| NSICU | Cappi Lay | No overnights, 2 or 4 week block in NSICU with procedure opportunities. See cover letter and description sheet for more information. |
| Sports Medicine | Melissa Lieber  [Melissa.Lieber@mountsinai.org](mailto:Melissa.Lieber@mountsinai.org) | Spend time in her clinic and possibly clinics of affiliated MDs. |
| Administration | Sinai: Adam Nevel  [Adam.Nevel@mountsinai.org](mailto:Adam.Nevel@mountsinai.org)  Elmhurst: Phillip Fairweather  [fairwaep@nychhc.org](mailto:fairwaep@nychhc.org)  or Stuart Kessler  [kesslers@nychhc.org](mailto:kesslers@nychhc.org) | At Sinai: see document link below table. Reading curriculum plus attending meetings at the department, hospital and system level.  At Elmhurst: go to a variety of quality and administrative meetings at the department and hospital level with administrative leaders. Opportunities to perform short-term projects. |
| Regional Anesthesia | Stephen Alerhand  [Stephen.alerhand@gmail.com](mailto:Stephen.alerhand@gmail.com)  or Bret Nelson  [Bret.Neselon@mountsinai.org](mailto:Bret.Neselon@mountsinai.org)  can put you in contact with anesthesia. | See provided document. |
| Radiology | Katherine Wang (Elaine Rabin [Elaine.Rabin@mssm.edu](mailto:Elaine.Rabin@mssm.edu)  can put you in touch with her.) | Spend time in various reading rooms. Dr. Stern (Shelly Jacobson’s nephew) is the most renown teacher, though he often has a gaggle of medical students and various other residents with him so the teaching is not always to EM resident level. |
| Wellness | Arlene Chung | See provided document |
| Health Policy | Elaine Rabin  [Elaine.Rabin@mssm.edu](mailto:Elaine.Rabin@mssm.edu) | Based around the Harvard online health policy course, with supplemented readings and discussions of issue(s) of residents’ choice. Participate in peer reviews of health policy studies as available. Go to ACEP Leadership and Advocacy if doing the elective in May (some funding available). |
| Pediatric Anesthesa | Sylvia Garcica  Sylvia.garcia@mountsinai.org | 2 weeks of dedicated pediatric anesthesia time. |

Link for Sinai Admin elective for Sinai (won’t fit in table above):

<https://msvpn.mssm.edu/f5-w-68747470733a2f2f646f63732e676f6f676c652e636f6d$$/document/d/1RTuDlLtjNQdYtMunqLJqNncsy5p1GgUwPpiWUefIsJY/edit>

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| Outside  Elective | Contact | Description | |
| New York City Deparment of Public Health |  | | Elective description at link below table.  Possible opportunities to attend Board of Public Health meetings with Dr. Lynne Richardson. |
| Indian Health Service- Crownpoint ER, Crownpoint NM | Randy Sorge/  [Benjamin.Stake@ihs.gov](mailto:Benjamin.Stake@ihs.gov" \t "_blank)  \*\* Ben McVane has also been arranging for a smoother path to an IHS elective. Talk to him too. | | Flexible dates. Housing provided. Travel and other expenses on you but can use CME/moonlighting. May require significant paperwork in preparation. |
| CHOP rapid response team | Sylvia Garcia | | Work on a team that responds to pediatric codes wherever they occur in the hospital (like Sinai’s RRT). |
| Ortho at Big Sky, Montana | Jillian Nickerson | | Work with an orthopedics group that staffs a ski slope. Mucho practice with reductions and splinting. Ask Jillian for more details after her upcoming rotation. **Requires > 1 year lead time to sign up**. |
| Rural Medicine Elective- Hazard, KY | Elaine Rabin  [Elaine.Rabin@mountsinai.org](mailto:Elaine.Rabin@mountsinai.org) | | Arrangements in process, but would be a rotation at an Appalachian hospital in a town of 17K. The hospital is deep in the mountains in coal-mining country and sees trauma and “everything else”. There are satellite hospitals/clinics which are small, Community Access Hospitals at which there may also be opportunities. No other EM residents regularly rotate there. For residents seeking a bit of adventure and to get out of their usual surroundings…  <http://www.arh.org/locations/hazard/joe_craft_tower/emergency_department.aspx> |

Link for Department of Public Health elective:

<https://www1.nyc.gov/assets/doh/downloads/pdf/phmrp/phmrp-elect-brochure.pdf>

Notes on outside electives in general:

**PLA**- Mount Sinai covers your malpractice, salary and benefits while you are at outside institutions, but there needs to be a Program Letter of Agreement (PLA) signed by Sinai and the outside institution before you can go. Sinai has a generic one but is also willing to use agreements from other hospitals. Clara can give you more details. Plan some time for the back-and-forth related to this unless there is already a PLA in place for this rotation.

**Requirements of other states**- Depending on where you are going, you may be required to get a temporary license for that state, and that process may be easy or arduous. Multiple residents have gotten stuck with PA in particular. The institution where you will be should be able to give you that information.

**The bottom line: Plan as far ahead as possible!**